

## **Healthcare Cost Containment Committee Minutes**

**May 6, 2015**

**3:30 p.m. to 5:00 p.m.**

**Attendees:** Sue Robinson, Carolyn Belfiore, Shawn Croteau, Karen Bonin, Debie Clayton, Bill Byron, Rachael Schneider, Nick Coler, Linda Hastings, Davis Powell, Marge Chiafery, Rick Greenier, Carol Smith, Christine Soucy, Teresa Porter Cascadden, Marsha McGill

### **1. Approval of April 1, 2015 Minutes**

Carolyn Belfiore moved (seconded by Nick Coler) to approve the April 1, 2015 minutes as amended.

The motion passed 13-0-2 with Rachel Schneider and Davis Powell abstaining. Not all members were present for the vote.

### **2. Health Assessment Participation**

Bill Byron presented a \$200 check from HealthTrust for the school district having the highest Health Assessment participation rate in quarter one of 2015.

Bill Byron reported Merrimack had another quarterly sweepstakes winner, a retiree, during quarter one.

#### **a) Rate for April**

- Bill Byron reported a 51.8 % participation rate for April 2015. Two hundred thirteen individuals need to complete the Health Assessment in order to reach the 66% goal. That equates to approximately 28 people a month.

#### **b) Promotion Strategies for May**

- Display a poster with a picture of a thermometer representing the 66% goal.
- Offer a fitness and nutrition workshop.
- Begin to collect material that could be placed in a future resource room.
- Promote Health Assessment participation at the open enrollment sessions.

### **3. Creative Publicity to Increase Participation**

Creative publicity ideas to increase the Health Assessment participation rate were:

- Create an easy brand name for Healthcare Cost Containment Committee.
- Bill Byron will help identify ten ways to help reduce the cost of health insurance premiums.
- Karen Bonin and Shawn Croteau offered to share their pictures of a piggy bank and ice cream cone poster.
- Promote the \$75 Health Assessment award in September and October.

### **4. Quarterly Smart Shopper Report**

Bill Byron reported that the Merrimack School District could have saved \$180,322 during quarter one of 2015 if all SmartShopper enrollees had used cost effective facilities. Of 111 SmartShopper enrollees only 17 used a cost effective facility for a total savings of \$23,603.

It was noted that many individuals do not realize that utilization of cost effective facilities can lower health insurance premiums.

Bill Byron reviewed the quarterly report for SmartShopper.

## **5. Ideas for Expenditure of Acquired HealthTrust Rewards**

Rick Greenier reported different schools have different needs and wants. He suggested the \$1,200 HealthTrust Award money be divided proportionately among the six schools.

Marge Chiafery suggested that the money be used as stage one of a larger future plan. It was suggested that a plan be created in the fall for when the money is earned later in the year.

- Merrimack High School plans to host a smoothie day on May 20.
- Reeds Ferry Elementary School expects to purchase stability balls to share plus equipment for a future quiet resource room.
- James Masticola Upper Elementary School expects to purchase books for a health topic library.
- James Masticola Elementary School may purchase items for a future quiet resource room.
- Thorntons Ferry Elementary School expects to purchase stability balls to share and consumables and supplies for activities.
- Merrimack Middle School expects to purchase items for a future resource space.

Use the following process when making purchases.

- Representatives will know how much money they have to spend by May 11.
- Bill Byron and Rick Greenier should receive a list of desired items from each school representative by May 22 in order to do collective purchasing for best pricing.
- Funds must be spent by June 30.

## **6. Convenient MD Urgent Care Alignment**

Marge Chiafery reported a representative from Convenient MD Urgent Care made contact with school nurses request a possible partnership which would include providing immunization, physicals, flu shots, etc.

Representatives from Convenient MD attended a recent Leadership Team meeting and will be invited to the June Healthcare Cost Containment Committee meeting.

Linda Hastings noted Convenient MD will assist with Workers Compensation injuries and provide cost savings opportunities.

Marsha McGill added that Convenient MD Urgent Care wants to be part of the community and would like to continue to work with nurses in the area of professional development training.

Convenient MD will consider participation with Merrimack Safeguard.

**Other:**

Marge Chiafery noted that Sandi Eherenman is retiring in June; therefore, the committee will need another representative from the high school.

Committee members who wish to end their participation on the committee should inform Marge in June.

Meeting dates for the 2015-2016 school year will be approved in June.

It would be beneficial to have Bill Byron review the 2016 Slice of Life program in June.

Debie Clayton shared the monthly Matthew Thornton Blue rates compared to the highest and lowest of both January and July pools.

The meeting adjourned at 4:50 p.m.

**2014-2015 School Year Meeting Dates**

<b>Meeting Date</b>	<b>Refreshments</b>
June 3, 2015	Debie Clayton and Bill Byron